



British Gas
London Region Championships
2012



Age Groups - Qualifying Times

Boys					Girls			
10/11	12	13	14		10/11	12	13	14
#	1.09.0	1.05.0	1.03.0	100m Free	#	1.09.5	1.08.0	1.07.0
2.39.0	2.28.0	2.21.5	2.17.0	200m Free	2.39.0	2.28.5	2.25.5	2.24.0
5.26.5	5.08.0	4.57.0	4.45.5	400m Free	5.35.2	5.18.0	5.10.0	5.07.0
n/a	n/a	n/a	n/a	800m Free	**11.26.2	10.52.5	10.35.0	10.25.0
n/a	20.41.8	19.48.0	19.03.9	1500m Free	n/a	n/a	n/a	n/a
#	1.30.4	1.25.1	1.21.3	100m Breast	#	1.31.3	1.27.5	1.26.5
3.26.3	3.13.6	3.02.1	2.53.5	200m Breast	3.26.9	3.16.5	3.08.2	3.06.0
#	1.17.9	1.13.8	1.10.0	100m Fly	#	1.19.2	1.16.2	1.15.8
3.03.0	2.51.9	2.42.7	2.34.8	200m Fly	3.04.2	2.54.4	2.47.1	2.44.5
#	1.18.50	1.15.9	1.12.1	100m Back	#	1.21.1	1.18.7	1.17.8
2.53.5	2.46.0	2.37.6	2.31.0	200m Back	2.55.5	2.48.7	2.43.4	2.41.0
2.59.5	2.47.0	2.37.5	2.33.6	200m IM	2.59.7	2.50.0	2.46.0	2.44.0
6.31.0	6.05.0	5.45.0	5.35.7	400m IM	6.31.0	6.09.0	5.56.6	5.54.5

Entry times are 50m times.

Long Course times or Converted Short Course times will be accepted

Entry will be by achieving the 200m qualifying times for the
stroke

** 11 years old only